

The Echo

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Stand up and have a voice!



A lot of determined people are interested in making the world a happier place to live in: schools, pupils, staff and parents. As it is anti-bullying week, schools all around England are trying to prevent bullying. During the 14th to the 18th of November, activities will be completed by pupils and staff to help them understand what bullying is and what to do if someone was being bullied.

'69% of young children have been missing school due to bullying', according to the annual bullying survey. Children must know how to prevent and stop bullying by standing up for themselves. Everyone needs to have their voice heard: that is why this year's theme is 'power for good'.

Starting on Monday, the entire school have been doing activities based on anti-bullying week: role play activities, discussions and whole school assemblies. Outstanding posters were created by enthusiastic year 3 children to promote anti-bullying.

Year 6 started the week by discussing what bullying meant to them. Chloe (aged 10) from class 14, stated: "Bullying is when you constantly keep saying nasty comments or hurting someone. Sometimes there isn't a reason why anybody should be bullied; they could be jealous or an angry person."

Bulling is hurting someone on purpose each day and there are many types of bullying: verbal, physical or cyber bullying. Cyber bullying is bullying which occurs over the internet: it could be sending a nasty message or even posting an embarrassing picture of someone that they wouldn't want anyone to see. However, this needs to be happening more than once.

If you were being bullied, you could tell an adult that you trust. At Longmoor C.P.S, there is a plethora of people you can tell: buddies, dinner ladies, Mrs Grundy, school councillors and your teacher. Everyone who is listed will listen and won't make fun of your opinions.

The key message of anti-bullying week is promoted through its theme: 'Power For Good'. Stand up for yourself and know that you are unique and beautiful; yet together we are a masterpiece. Don't listen to people who make you feel sad and lonely, only have positive feelings about yourself.